

Bleaching Patients - Wait 2 weeks

- If a patient has been bleaching, then schedule the final shade appointment at least 2 weeks after the last bleaching treatment. Teeth may be cloudy-white for a time after bleaching, then become more translucent after 2 weeks. These changes could have an undesirable effect on the final shade match of the restoration. Additionally, when a drastic color change is noticed after bleaching, the color of the teeth can rebound slightly, back to the original shade. Two weeks may not be enough time for those patients experiencing drastic color changes from heavy bleaching. It is important that the shade of the teeth be stable for the final shade appointment to ensure the best color and aesthetic results for the dental restoration.

Bright Colors Affect Shade

- Eliminate sources of reflected, colored light. Remove lipstick. Neither patient nor personnel in shade taking area should be wearing bright colored clothing. You can cover any colored clothing with a light blue sheet or smock. Make sure there are no other bright colors in the proximity of your shade taking area. Bright colored walls or furniture will reflect colored light and affect the accuracy of your shade and/or photograph.

Hydrate Teeth

- Teeth must be hydrated to match shade. It is best to take tooth shade before preparation. After preparation, shades can be adversely affected by tooth dehydration.

Shade Tab System

- We have found this system offers a precise evaluation of shade. It provides a systematic arrangement of virtually all existing tooth shades, including bleached shades. Selecting a shade with the Vita Toothguide 3D-Master® is a 3-step process of making simplified choices of value first, then chroma, and finally hue.

